**Learning Styles**

When we know our students’ learning style preferences it can make a difference in what and how we present the learning we want students to achieve. A learning style is a preference for the methods by which an individual learns something and how that individual remembers what has been learned. There are three basic modes according to most experts: visual, auditory, and kinesthetic.

Visual learners learn best through their sense of sight.

Auditory learners learn best through hearing.

Kinesthetic learners learn by doing or experiencing, tactile experiences.

Check this site out: [www.howtolearn.com](http://www.howtolearn.com) by Dr. Pat Wyman to give you and your student’s immediate feedback about your learning style.

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|  | **STRATEGIES USED BY** |  |
| **Visual Learners** | **Auditory Learners** | **Kinesthetic Learners** |
| Read the information | Listen to someone speak | Do an activity |
| See a film/video that explains information | Listen to the information on CD/Tape/Kurzwel | Role play the information |
| Memorize using flashcards | Memorize by repeating information to self/partner | Memorize by remembering and experiencing the information |
| Find a quiet place to study | Find a place to study out loud | Find a place to move around while studying |
| Doodle while learning | Have music on while learning | Get a chance to try different ideas while learning |
| See pictures when reading | Hear the writer’s words when reading | Need lots of breaks when reading |
| Writing information helps make it memorable | Discussing information helps make it memorable | Experiencing information helps make it memorable |